

# Nina Baker-Tillman, BSN, RN, RT(R)

PMHNP-BC Student | APRN Candidate | RT(R) | Chamberlain University

(850) 345-1255 | (904) 793-5451 | nina@ninabakertillman.com

Fruit Cove, FL 32259 | linkedin.com/in/ninabakerrn

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## PROFESSIONAL SUMMARY

Dedicated Registered Nurse, Registered Radiologic Technologist, and PMHNP-BC student in the final capstone phase of the Master of Science in Nursing program at Chamberlain University, graduating April 2026. Brings diverse clinical experience across multiple psychiatric practice settings including outpatient medication management, behavioral health, and addiction services. Demonstrated competency in psychiatric assessment, psychopharmacology, and patient-centered care across the lifespan. Seeking a collaborative practice agreement with a board-certified psychiatrist to serve as collaborating physician upon licensure to expand access to psychiatric services in Northeast Florida.

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## EDUCATION

### Master of Science in Nursing – Psychiatric Mental Health Nurse Practitioner (PMHNP-BC)

Expected April 2026

Chamberlain University — Jacksonville, FL

*Capstone Phase | Relevant Coursework: Advanced Psychopharmacology, Health Assessment, Pathophysiology, Diagnosis and Management Across the Lifespan*

### Bachelor of Science in Nursing (BSN)

2019

Chamberlain University — Jacksonville, FL

### Associate of Applied Science (A.A.S.) – Radiologic Technology

2009

Columbus Technical College — Columbus, GA

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## CLINICAL PRACTICUM EXPERIENCE

### MEDICATION MANAGEMENT PRACTICUM

#### Lorraine Black, APRN, PMHNP-BC

July 2025 – September 2025

Sunshine Psychiatric Consult

*Northeast Florida | Medication Management | Telehealth*

- Delivered telehealth medication management visits for adult patients with anxiety, depression, ADHD, and mood disorders
- Conducted remote psychiatric evaluations and follow-up medication management appointments via secure telehealth platform
- Managed psychotropic medication regimens including SSRIs, SNRIs, mood stabilizers, stimulants, and antipsychotics
- Documented clinical encounters using evidence-based assessment tools including PHQ-9, GAD-7, and ADHD rating scales

#### Dr. Mia Wilson, LMHC

September 2025 – November 2025

Sankofa Behavioral Health

*Florida | Psychotherapy Across the Lifespan*

- Completed psychotherapy across the lifespan rotation with a focus on developmental and life-stage considerations in treatment
- Provided individual psychotherapy to patients across childhood, adolescence, adulthood, and older adulthood

- Applied evidence-based therapeutic modalities including CBT, solution-focused, and trauma-informed approaches
- Collaborated with licensed mental health counselors on integrated, culturally responsive care planning

**Kimberly Smith, MA, LMHC-QS, LPC, MAC**

Nakayama Behavioral Health

Florida | *Psychotherapy Across the Lifespan* | *Telehealth*

**September 2025 – November 2025**

- Completed psychotherapy across the lifespan rotation via telehealth with patients across childhood, adolescence, adulthood, and older adulthood
- Applied evidence-based therapeutic modalities including CBT, solution-focused, and trauma-informed approaches via secure telehealth platform
- Engaged in qualified supervisor-guided clinical review, case conceptualization, and reflective practice

**Peteryg Sterling, PMHNP-BC, LMHC-QS, EMDR**

Evolve Therapy LLC

Florida | *Combined Psychotherapy & Medication Management* | *Face-to-Face & Telehealth*

**November 2025 – Present**

- Providing combined psychotherapy and medication management services in both face-to-face and telehealth formats
- Conducting comprehensive psychiatric evaluations, diagnostic formulations, and medication initiation/titration under supervision
- Delivering individual psychotherapy using evidence-based modalities including CBT, trauma-informed care, and motivational interviewing
- Managing complex psychiatric presentations including anxiety, depression, PTSD, ADHD, and bipolar disorder across integrated care visits

**Latonya Patterson, PMHNP-BC**

A Beautiful Mind Psychiatric and Addiction Services

Florida | *Medication Management* | *Telehealth*

**November 2025 – Present**

- Providing integrated psychotherapy and medication management services in both face-to-face and telehealth settings
- Conducting psychiatric evaluations and combination visits for patients with co-occurring mood disorders and substance use disorders
- Gaining exposure to addiction psychiatry including medication-assisted treatment (MAT) protocols and relapse prevention under supervisor guidance
- Delivering patient education on diagnosis, medications, recovery resources, and coping strategies across in-person and virtual visits

**PROFESSIONAL EXPERIENCE**

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**Director of Nursing (DON)**

Sequel Youth and Behavioral Services / St. John's Youth Academy

Jacksonville, FL

**2022**

- Served as Director of Nursing for St. John's Youth Academy under Sequel Youth and Behavioral Services contract
- Oversaw all nursing operations for a residential behavioral health facility serving at-risk youth
- Managed nursing staff, medication administration protocols, and psychiatric care coordination

- Collaborated with psychiatrists, therapists, and case managers on individualized treatment plans
- Ensured regulatory compliance with state licensing standards and facility policies

### **Staff RN**

Kindred Hospital  
Jacksonville, FL

**2019 – 2022**

- Provided direct patient care in acute and long-term acute care settings
- Monitored complex patients including those with neurological, cardiac, and respiratory conditions

### **Staff RN**

Flagler Hospital  
St. Augustine, FL

**2019 – 2020**

- Provided direct patient care on a medical-surgical unit for adult patients with a wide range of acute and post-operative conditions
- Monitored and assessed patients with medical and surgical diagnoses, initiating timely nursing interventions
- Collaborated with physicians and interdisciplinary teams on care planning, discharge education, and patient safety
- Administered medications, IV therapies, wound care, and pre/post-operative nursing interventions

### **Staff RN**

Brooks Rehabilitation  
Jacksonville, FL

**2019 – 2022**

- Delivered rehabilitative nursing care to patients recovering from stroke, traumatic brain injury, spinal cord injury, and orthopedic surgery
- Coordinated closely with physical, occupational, and speech therapists to support functional recovery goals
- Monitored neurological and musculoskeletal status and adapted care plans in response to patient progress
- Educated patients and families on rehabilitation goals, home safety, medication management, and discharge planning

### **Weekend Supervisor, RN**

Westminster Communities of Florida  
Jacksonville, FL

**2019 – 2022**

- Provided nursing care for geriatric residents in a continuing care retirement community
- Managed chronic disease conditions, behavioral health needs, and end-of-life care
- Supervised nursing staff and coordinated with physicians on resident care plans

## **RADIOLOGY EXPERIENCE**

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### **Registered Radiologic Technologist, RT(R)**

Mobilex USA  
Columbus, GA & Jacksonville, FL

**2009 – 2018**

- Performed mobile diagnostic radiographic imaging in long-term care, skilled nursing, and rehabilitation facilities
- Operated portable X-ray equipment and produced high-quality diagnostic images for physician interpretation
- Maintained radiation safety protocols and ALARA principles in all imaging environments
- Coordinated with nursing and medical staff to prioritize and complete imaging requests efficiently

## **CERTIFICATIONS & LICENSURE**

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<b>Registered Nurse (RN) License – Multistate Compact (NLC)</b>	Florida Board of Nursing	Active
<b>Advanced Cardiac Life Support (ACLS)</b>	American Heart Association	Active
<b>Basic Life Support (BLS)</b>	American Heart Association	Active
<b>Registered Radiologic Technologist, RT(R)</b>	American Registry of Radiologic Technologists (ARRT)	Active
<b>Certified Radiologic Technologist (CRT)</b>	Florida Department of Health	Active
<b>National Provider Identifier (NPI)</b>	NPPES	On file
<b>Professional Liability Insurance</b>	NSO – Nurses Service Organization	Active

## **CLINICAL COMPETENCIES**

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- Psychiatric Evaluation
- Mental Status Examination
- Psychopharmacology
- Risk & Safety Assessment
- Crisis Intervention
- Telehealth Delivery
- Care Coordination
- EHR Documentation

## **REFERENCES**

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Clinical supervisory references from Chamberlain University practicum placements available upon request.